

# RULES FOR LIVING WITH A HOST FAMILY

Please ask for the host family's mobile phone number (to be registered on arrival)  
For security reasons you must always be able to reach your host family:  
French mobile numbers always start with +33

**WIFI Network Name:**

**Password:**

**IMPORTANT TIP : FOR SECURITY REASONS SUCH AS PICKPOCKETS, CON ARTISTS, AND THEFT PLEASE MAKE A PHOTOCOPIE OF YOUR PASSPORT AND ALL OF YOUR IMPORTANT DOCUMENTS IN ADVANCE AND THEN LEAVE YOUR ORIGINALS IN YOUR ROOM AT HOME.**

**Please read the following life rules carefully and afterwards please sign and date them and give them to your family.**

**This document represents a moral contract based on respect between you and your host family and establishes your responsibilities for the duration of your stay.**

**WELCOME TO YOUR HOST FAMILY!**  
**THEY HOPE YOU HAVE A PLEASANT STAY**  
**((Your visit will be filled with enriching cultural exchanges and discoveries)).**

You will encounter a culture different from your own, but don't forget this is part of the experience you will gain..

Please be reminded that your host family will do whatever is necessary to ensure you will have a nice and comfortable stay but is important you understand you live within a family context and not in a hotel.

Since you are here to experience a real cultural exchange please make use of this opportunity to participate in the "French family lifestyle".



## **BEFORE YOU ARRIVE:**

- **Arrival schedule** - Please notify your host family via e-mail or SMS ideally 1 week in advance from the start of your stay. Please be encouraged to do so as a sign of courtesy, since your host family needs time to plan and organize your arrival. Time of arrivals are advised before 19:00, especially on Sundays.
- **Insurance:** All students are required to have health insurance and will be expected to provide proof of it.

**Note :** In case of loss or damage of the key set (for example), the student or client will be required to reimburse his/her host family for the new key set. If during the stay, the student loses or breaks any given object or furniture belonging to the family, he/she will be required to reimburse the host family for the damages.

## **ROOM: SINGLE OR DOUBLE (DEPENDING ON YOUR CHOICE):**

- Description: one or two beds, a desk, chairs or armchair and a storage space.
- Students must leave their rooms clean and tidy.
- During the official cleaning day, students must clean their room, and leave nothing on the floor, otherwise the housekeeper will not be able to clean.
- Important: It is necessary to air your room, so please open windows and shutters every morning before you leave.

## **NOISE (NOISE POLLUTION):**

- Discretion is required, especially when you come home late at night.
- For those who communicate via Skype, please avoid conversations after 22:30 since there might be people sleeping in the other rooms.

## **ELECTRICITY :**

In addition to the fact that energy saving adjustments are highly appreciated in France, electricity is also very expensive. We encourage you to pay close attention to your energy consumption.

- Remember to always turn off the lights when leaving a room

### **Alcohol:**

The use of illicit drugs and/or alcohol is strictly prohibited in your host family's home. Any guest/student caught will be asked to leave immediately and will not be refunded for their remaining part of the stay.

### **FRIENDS AND VISITS:**

**Without your family's consent, you are NOT allowed to invite friends or family to stay over at your host family's home.**

**If you are planning to receive guests/visits during the day, please remember you will always need your host family's prior authorization.**

### **KEY SET:**

A set of keys is given to you for the duration of your stay. **A set of keys is given to you for the duration of your stay. You will be responsible for this.**

### **KITCHEN:**

Access to the family's kitchen is allowed on a daily basis during breakfast time and at the previously established hours.

In some cases, for longer stays, a space in the refrigerator may be provided for your disposal and upon request.

### **BREAKFAST:**

Breakfast is not served like in a hotel since it is often to be taken alone in the morning, due to everyone's schedule.

We offer you a complete breakfast «à la Française» which consists of: Fruit juice or fruits, butter, bread or brioche (Viennese pastry), jam, sugar, milk, coffee, tea or chocolate.

- It is not possible to «cook» (except with prior consent from your host family, for the long stays) but you can always warm up a dish in the microwave

### **DINNER**

A complete meal is proposed to you including: a starter, a main course, cheese or a dessert. These meals will be varied and respect your health preferences in case of a special diet. Always notify the family if you will be absent or delayed for dinner, by phone, or by SMS.

**If Please note: If you arrive after the mealtime, the family is no longer required to serve you a meal at the table and meals not taken will not be replaced.. (Purchase of food by the host family).**



## **FRANCE STAY REQUESTS YOU TO respect the cleanliness of common living spaces (Bathroom, WC and also the various accessories used on a daily basis)**

### **LINENS:**

Sheets and towels are provided by the family. Towels are changed weekly and the sheets are changed every two weeks. Most families agree to wash your laundry once a week. The use of the washing machine will be agreed upon with the family.

### **BATHROOM:**

Most of the time, it is to be shared with the family. It is important to not occupy this space for too long (attention aux cheveux qui peuvent boucher les lavabos et douches).

Please remember to leave it clean **(Please remember to leave it clean (watch out for hairs that may clog sinks and showers).**

Please pay attention to your water consumption. The length of your shower should be within reasonable limits (in France we are vigilant to water and energy savings).

**WHAT TO DO IN CASE OF PROBLEMS:**

Talk to your host family right away: Direct communication is always the best alternative when trying to resolve any issue..

FRANCE STAY: remains, off course as your intermediary and is also at your disposal in case of need !

**If a problem persists, please feel free to FRANCE STAY**



«I have read the terms and conditions of the host family's accommodation rules, and I agree to abide by them »

« Read and approved »

Date

Signature